

June 2019

To all parents/students/athletes of DeMatha Catholic High School,

DeMatha has made a change in companies for our concussion management software. Beginning June 10, 2019, we will begin using XLNTbrain as opposed to the impACT Solutions we have used in years passed. All students at DeMatha are asked to comply with the new concussion management, this does not only apply to athletes. **We request that ALL students complete the concussion baseline testing prior to July 15, 2019.** This is done as a precaution so in the event that your son does sustain a concussion at any time, we will be able to provide any necessary academic accommodations that he may need. Any athlete who plans to play a fall sport **MUST** have it completed before they will be allowed to try out or participate in any way. See the instruction sheet below to guide you through setting up the student profile.

Parents and guardians must also register when their son is beginning their baseline testing, because this will provide an account for you to access your child's information and progress in the future if necessary. There will be a short concussion awareness video followed by a brief quiz. Once you have completed the quiz you will list your child as a dependent, and will be granted access to their profile.

We understand that this may seem like a lot of additional work for your family; however, it is in the best interest of your son's health and well-being. Most questions can be answered on the XLNTbrain website but if you require further assistance you may email Jenn or Wendy at jreading@dematha.org or [wnorris@dematha.org](mailto:worris@dematha.org). Because DeMatha is now operating on our summer schedule, please allow up to 48 hours for a response. We appreciate your cooperation and look forward to another successful, healthy school year!

Sincerely, The DeMatha Health and Sports Medicine Team

Join DeMatha Catholic High School on XLNTbrain

DeMatha Catholic High School has joined XLNTbrain in the fight against concussion injury in sports.

Concussion awareness education is mandated by State law for all athletes and their parents and / or guardians. This document outlines the steps required for athletes, parents and / or guardians to register at XLNTbrain.com.

The XLNTbrain Passcode for DeMatha Catholic High School is: **DEMATHA STAG**

Athlete Registration

Go to XLNTbrain.com, click "Sign Up" and enter the passcode above to begin your registration. Click "Join as an Athlete" after you complete your registration, and then follow these steps:

1. View concussion awareness video and pass brief video quiz
2. Update profile info & accept terms and conditions
3. Manage your teams
4. Take the XLNTbrain Baseline Test

The XLNTbrain Baseline Test takes approximately 25 minutes and is important for your healthcare provider to use as a baseline to compare for your recovery. It is important for you to take the test seriously and be in an environment free of distractions as you test. If you perform poorly on the test, you may be asked to repeat the test under supervision.

XLNTbrain Baseline Test Quick Guide

Please sign into your account on <http://app.xlntbrain.com/>. Once you've signed in, click the link near the top of your screen that asks if you want to take the test now. Please start the test by selecting the "Click here to Start your Cog Test" button.

Please keep in mind that the XLNTbrain-Cog test is for Athletes only.

Guardian Registration

Go to XLNTbrain.com, and enter the passcode above to begin your registration. Click "Join as a Guardian" after you complete your registration. With your first-time sign-in, you will view a short concussion awareness video. After reviewing the video and passing a brief video quiz, you will need to add your athlete as a dependent. Then you will be able to access your athlete's profile, where you may monitor the progress of your athlete within XLNTbrain.

To add your Dependent, please look on the left hand side of your Dashboard you should see a tab called "Relationships". Click on that tab and then click "Add Dependent". You will need to enter your Athlete's XLNT Brain ID in the box. If you enter your Athlete's name it will not work. Your Athlete's XLNT ID is listed on their account when they are logged on, in the upper right hand corner. It will look like this: XLNTbrain ID : ZWE2NDU4M, except with your Athlete's ID of course. Once you enter your Athlete's XLNT ID, click the Add Dependent button and that should link your accounts. You may need to refresh your page or log out of your dashboard and log back in to update the information your dashboard shows.

XLNTbrain Help

Click on the "Help" button at any time to ask for help. Please note this is not a Live Chat. However a support representative will respond to your request as soon as possible.