

DeMatha Athletic Training Room COVID-19 Policies & Procedures

During a school day and athletic events, the following steps will be taken to ensure the safety of our students and staff. Hours of operation on regular school days are 8:15-4pm, and up to 6pm depending on athletic scheduling that day.

PPE

- Masks are to be worn the entire time you are in the building
- Every person will have their temperature taken, complete a Covid 19 questionnaire and must use hand sanitizer prior to entering ATR
- Any person reporting symptoms consistent with Covid 19 or presents a temperature above 100.4 will not be able to participate in any school activities. This person will be sent home and recommended to follow up with their physician. Any student/ athlete without transportation will be isolated until parents arrive.
 - Hand sanitizer will be available throughout ATR
 - Gloves are available upon request

Athletic Training Room Facility Procedure

- No more than 10 people, including athletic trainers, are permitted in the ATR at one time
 - ie: if all 3 ATs are present that day up to 7 athletes may be in ATR
- Student/athletes will be trained in proper cleaning of the equipment used while receiving treatments
- There will be one athlete per treatment table
- Student must disinfect their table upon arrival and before leaving treatments
- Student is responsible for wiping down all rehab equipment used
- The best way to ensure that you will be seen is to email Wendy Norris at wnorris@dematha.org to sign up for an appointment time. Or sign up for an appointment outside the training room on the designated appointment sheet.

- In season sports will have a designated treatment time for their respective team
- Appointments will be assigned by AT and are limited to advanced rehab that has been prescribed by a physician or acute injuries that have occurred during DeMatha activities
 - Treatment times will reflect the athletic training room's hours of operation.
- Virtual appointments may be available upon request
- Home exercise programs will be utilized when possible